



Nursery • Junior School • Senior School • Sixth Form

Friends' Educational Award



The Friends' Educational Award is a financial award available to girls in Year 12 and 13 who wish to further their interest in a particular subject or project.

Previous winners have impressed the panel with their obvious passion for a particular subject and their commitment to exploring it fully, usually to enrich their journey towards Further Education. Although this often involves travel, the award is available for other uses to this end: one recipient purchased specialist software to further develop her fascination with facial expressions.

For application criteria, please visit <https://royalhighbath.fireflycloud.net/friends-of-the-royal-high-1/education-award-2017>. The deadline for applications is Monday 20th February 2017.

Read about the life-changing experiences of last year's award winners in the attached supplement.

OPERATING THEATRE Live

Aspiring medics, as well as those with a curiosity about biology and anatomy were treated to an authentic surgical experience when "Operating Theatre

Live" performed their Senior Medical Show to students in Years 10 and 11. Funded by the Friends, the concept was fascinating and the girls had a wonderful time. There was such a buzz of excitement and the thirst to learn was truly inspiring.



In the morning session there was a motivational introduction to careers in the medical professions, before moving on to discussions about the use of anaesthetic (with the girls calculating the correct dosage for their 'patient') and the nervous system. The girls removed a pig's brain and eye and related the structures to both meningitis and motor neurone disease. In the afternoon the girls even performed a tracheostomy, and a heart transplant!



The day was particularly interesting for those wishing to pursue careers

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New Friends Wanted
Join us!

See page 4 for details

in medicine but was also incredibly valuable for their GCSE preparations.

Five Year 11s, all considering a career in Medicine, joined the year 10s Operating Theatre Live. They found the experience really inspiring and got a chance to perform procedures which they would never otherwise have had the chance to do. The experience also allowed them to extend their scientific knowledge and gain an insight into the life and training of a junior doctor. The Operating Live team and the teachers were thanked for organising an unforgettable experience for the girls.



Little GREEN Fingers

Pupils at the Junior School were given the opportunity to plant spring bulbs around the grounds of Cranwell House courtesy of The Friends, who generously funded this green-fingered initiative.



The girls loved perusing the numerous borders, banks and beds to strategically place 600 woodland anemones, and 200 crocuses, and wasted no time in getting stuck in, digging holes and nestling bulbs into their hiding places for the winter, ably assisted by our Estates team.

Not only did this give the girls some fantastic gardening experience and further their appreciation of the beautiful natural surroundings of our junior school site, it will provide all visitors to Cranwell with a lift of colour when some spring warmth starts breaking through the frost!

We look forward to witnessing the wonder and excitement on the girls faces when this little touch of natural magic reveals itself sometime around Easter.



SELF-DEFENCE for Year 13

The Friends wanted our cohort of Year 13 leavers to enter the next phase of their education armed with not only a clutch of amazing academic qualifications but also an ability to disarm a would-be attacker!

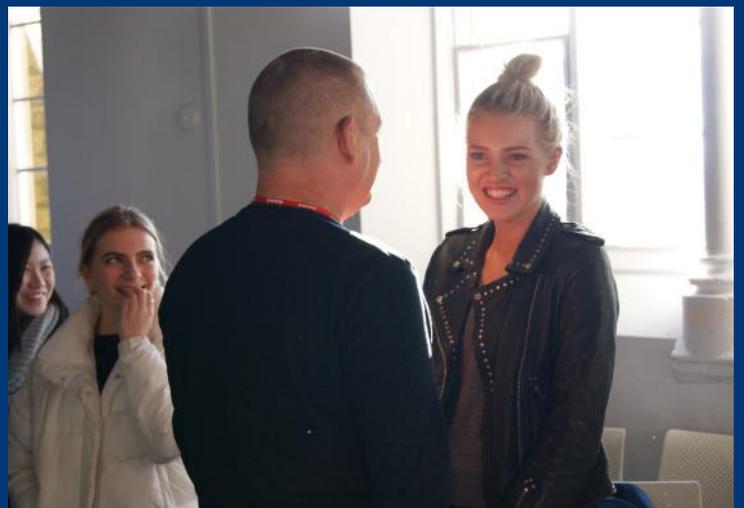
Let's face it, not everywhere is as safe and unthreatening as Bath...



The girls were treated to a dynamic and empowering class in self-defence courtesy of Dik Chance of FAST Defence. They learned how to de-escalate a potentially threatening situation simply by using body language and tone. A short and easy mantra of Strong Feet-Strong Eyes-Strong Hands was practised throughout the two sessions.

Accompanied by an appropriately loud command to 'Back Off!' or similar, this display would surely give any assailant reason to think twice and turn on their heel!

We hope all these girls will leave RHS with assertiveness, and the confidence to use it in situations where girls typically feel self-conscious about making a fuss. We look forward to sponsoring similar projects for the forthcoming year groups.



CHRISTMAS CROWDS about the Bazaar

Christmas kicked off in traditional RHS style with the Friends' Christmas Bazaar on Saturday 10th December. Once again, the efforts of parents, staff and girls came together to create the fun festive event that the Friends have become renowned for.



Alongside the trusty regular attractions of majestic Christmas trees for sale on the way in, a Santa's grotto nestled under our iconic blue staircase, the bounty of the ever-popular cake stall and the numerous bustling stalls selling goodies for expectant stockings, there were new additions this year.



The Junior School choir got things off to a jolly start with a round of Christmas favourites from the staircase; a 'Presents for Parents' stall gave our young visitors the opportunity to get their gift buying all wrapped up, literally and figuratively, for Mum and Dad; and there were no excuses to not deck the halls, with a fresh holly and wreath stall.



The event raised a fantastic £4000 for the Friends, which will enable us to fund lots more exciting 'icing on the cake' items for girls over the coming year.

Thank you and well done to all who made it happen, and everyone who came and bought!





Don't Forget...

Easter Egg Hunt for our Junior School girls on the last day of term, **Friday 31st March**
Boden Sale at the Junior School – **Tuesday 25th April**. Come and preview next season's looks, with discounts!

JOIN US!

The Friends of the Royal High School is made up of parents and staff who keen to get involved, have some fun and show our support for the school.

We meet once every half term (6 times per year) where we plan social events, chat through new ideas and enjoy evaluating requests for new, exciting initiatives to be funded from the coffers! It is a stimulating, enjoyable and inclusive group and the meetings are good fun and informal.

We would be delighted to welcome new members who may be interested in making a contribution, no matter how big or small. We always need people who have great ideas and time to offer here and there (no special skills required, just a little commitment). Everyone is welcome, from those who may be able to serve teas at parents evenings a couple of times per year through to those who may like to help run events like the Christmas Bazaar. It's a great way to become better connected to the school and really feel like part of an important community.

To find out more, please contact Mel at friends@rhsb.gdst.net, who would be delighted to hear from you.